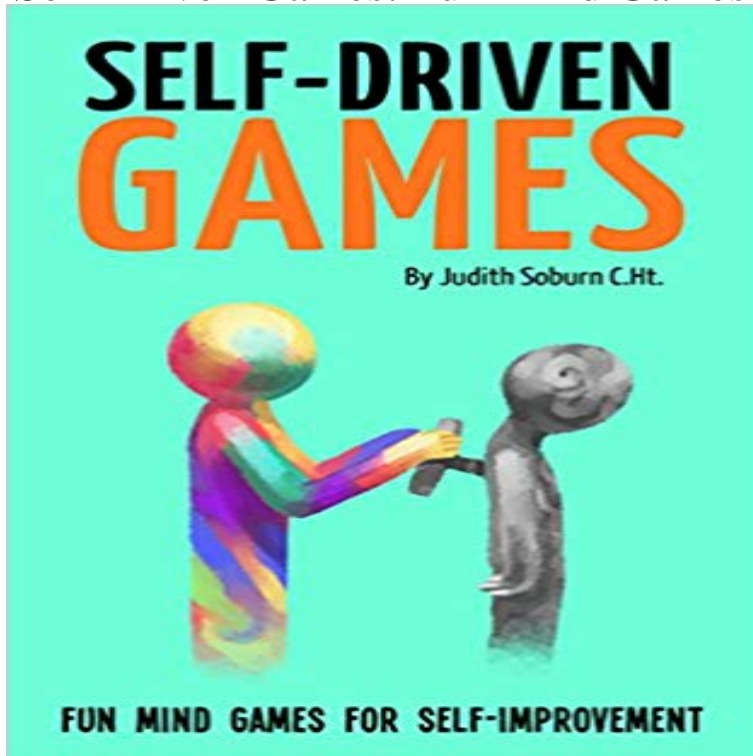


Self-Driven Games: Fun Mind Games for Self-Improvement



Self-Driven Games are playful (fun, simple to do) mind games. . This book describes how to develop and put your healthiest, reality based mind in the drivers seat. . This book provides the Self-Driven desire, determination and feeling to make important changes. . Either you drive your mind by learning healthy mind games that make it possible; or your mind drives you from the past negative habits youve created throughout the years (that triggers your current way to respond). . Behaviors can easily be changed by knowing how. . So the question is...Does your mind drive you or do you drive your mind? . Learn how to release any unwanted thoughts, feelings and actions; quicker, faster, sooner for a better daily future.

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