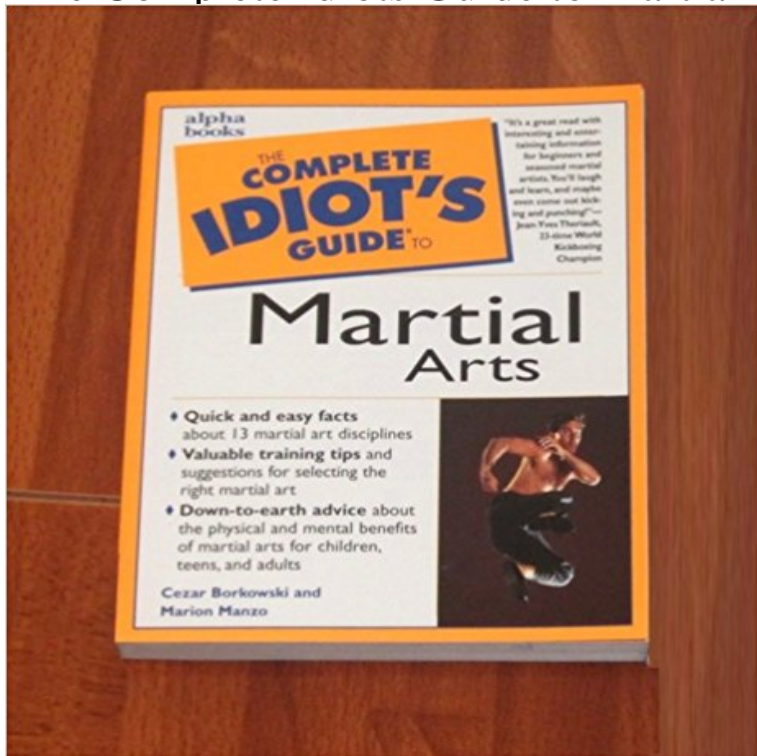


# The Complete Idiots Guide to Martial Arts



Book: Martial arts instruction - Basic

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